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CITY OF DANBURY
155 DEER HILL AVENUE
DANBURY, CONNECTICUT 06810

DAVID W. ST. HILAIRE
DIRECTOR OF FINANCE

(203)797-4652
FAX: (203)796-1526

M E M O R A N D U M

DATE: 5/22/08
TO: HON. MARK D. BOUGHTON VIA THE COMMON COUNCIL ✓
FROM: DAN GARRICK, ASSISTANT DIRECTOR OF FINANCE *Dan*
RE: RESOLUTION-PREVENTATIVE HEALTH CARE BLOCK GRANT

Attached for your review is a resolution that will allow the City of Danbury, Department of Health, Housing and Welfare, to apply for and accept funding from the State of Connecticut, Department of Public Health in the amount of \$13,831 for the Preventative Health Care Block Grant. This grant, covering 7/1/08-6/30/09, requires no local cash match.

The Common Council is respectfully requested to consider this resolution at its next meeting. If you have any questions, or require any further information, please contact my office at 203-797-4652.

ATTACHMENTS

CC: M BONJOUR
S. LEROY

IMPACT STATEMENT

**2008-09 Preventive Health Block Grant
Youth Violence Prevention
Contract Log # 2009-0013**

Amount Requested For This Program: \$13,831
Contract Period: July 1, 2008 to June 30, 2009

Program Impact

This grant will enable the City of Danbury to address the growing problem of youth violence faced by our community's adolescent population through the implementation of a variety of prevention-based awareness activities and provision of individual and group counseling services through the School-Based Health Centers located at Danbury High School and Broadview Middle School.

Further benefits will be achieved by the removal of potential barriers to psychosocial support services that can interfere or impact on an adolescent's ability to live a happy and productive life.

The primary beneficiaries will be students enrolled in Danbury High School, Broadview Middle School, Rogers Park Middle School and the Alternative Center for Education.

Fiscal Impact

This grant is available through the Connecticut State Department of Public Health (DPH). Funding in the amount of \$13,831 will be made available to the City's Health Department to implement prevention-based activities designed to reach the adolescent population.

This grant will provide funding for 4 hours per week of two SBHC Clinical Social Workers salaries including relevant fringe benefit costs. A 2% Audit Fee is budgeted under this grant.

Anticipated Grant Lifetime

Currently, funding for related services operated under this grant is available through June 30, 2008. Continuation funding from the State Department of Public Health looks promising, however all is dependent of Federal and State Block Grant allocations. As in

the past, funding for subsequent years will be based on successful program performance and compliance with reporting requirements.

If DPH funding from the Department of Public Health for youth violence prevention services were discontinued, alternative sources of funding for the program would have to be identified. In worst case scenario, if funding for these services became unavailable, related activities would cease and staff hours covered by this grant would be reduced.

Impact Statement Dated:
Prepared By:
J:phbgimst2008-09

May 19, 2008
Melanie S. Bonjour

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IV. FUNDING APPLICATION



Cover Page

**Name of Program: Youth Violence Prevention Activities -
Danbury High School & Broadview Middle School
DPH Log #2009-0013**

Applicant Agency

Legal Name: City of Danbury, Inc.
Address: 155 Deer Hill Avenue
Town/City, State, Zip Code: Danbury, Connecticut 06810
Telephone No.: (203) (797-4510)
Fax No.: (203) (796-1596)
E-Mail Address: s.leroy@ci.danbury.ct.us
Amount Requested: \$13,831

Contract Period: July 1, 2008 to June 30, 2009

Agency Fiscal Year: July 1, 2008- June 30, 2009

Minority Business Enterprise (MBE) Yes No

Women Business Enterprise (WBE) Yes No

Federal Employer ID Number: 066001868 Town Code:

Incorporated Yes No

Type of Agency Public Private Non-Profit

Other Explain: Municipality/Local Health Department

I certify that to the best of my knowledge and belief, the information contained in this application is true and correct, the applicant has the authority to apply for this funding, the applicant will comply with applicable state and federal laws and regulations, and I am authorized to make this application on behalf of the applicant agency.

Signature: _____
Name: Mark D. Boughton
(Print or Type)

Date: _____
Title: Mayor

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Contractor Information



Please List the Agency Contact Person(s)
Responsible for Completion and Submittal of:

Contract and Legal Documents/Forms:

Name & Title: Scott Leroy, Director of Health, Housing & Welfare
Address: 155 Deer Hill Avenue
Town/City, State, Zip Code: Danbury, CT 06810 E-Mail Address: s.leroy@ci.danbury.ct.us
Telephone No.: (203) (797-4625) Fax No.: (203) (796-1596)

Program Progress/Activity and Statistical Data Reporting Forms:

Name & Title: Melanie Bonjour, Health Promotion/SBHC Coordinator
Address: 155 Deer Hill Avenue
Town/City, State, Zip Code: Danbury, CT 06810 E-Mail Address: m.bonjour@ci.danbury.ct.us
Telephone No.: (203) (797-4625) Fax No.: (203) (796-1596)

Financial Expenditure Reporting Forms:

Name & Title: David St. Hilaire
Address: 155 Deer Hill Avenue
Town/City, State, Zip Code: Danbury, CT 06810 E-Mail Address: d.sthilaire@ci.danbury.ct.us
Telephone No.: (203) (797-4652) Fax No.: (203) (796-1526)

Program Location(s)** (if different than Applicant Agency Address listed above):

Location #1

Name: Broadview Middle School
Address: 72 Hospital Avenue
Town, State, Zip: Danbury, CT 06810
Telephone No.: (203) (731-8274)

Location #2

Name: Danbury High School
Address: 43 Clapboard Ridge Road
Town, State, Zip: Danbury, CT 06811
Telephone No.: (203) (790-2886)

Location #3

Name:
Address:
Town, State, Zip:
Telephone No.: () (-)

Location #4

Name:
Address:
Town, State, Zip:
Telephone No.: () (-)

Location #5

Name:
Address:
Town, State, Zip:
Telephone No.: () (-)

Location #6

Name:
Address:
Town, State, Zip:
Telephone No.: () (-)

** If more than 3 locations use additional pages.

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Program Description Instructions



Year 2008 - 2009 **Preventive Health and Health Services Block Grant (PHHS Block Grant)** funded activities will continue to target city youth ages 11 to 19 years of age attending Broadview Middle School (BMS) and Danbury High School (DHS). Included in the high school population are approximately seventy-four (74) students who attend the city's Alternative Center for Education (ACE), located in central Danbury. Proposed activities will follow the school calendar year, initiating September 1, 2008 and continuing through June 30, 2009

2008-09 PHHS Block Grant activities will address the following **Year 2010 Health Status Objectives:**

15.37 Reduce physical assaults

15.38 Reduce physical fighting among adolescents

18.2 Reduce the rate of suicide attempts by adolescents

Prevention focused activities proposed in the **Service and Evaluation Plan** will again be orchestrated and conducted by social work clinicians working in the School-Based Health Centers located at both BMS and DHS. The school based health center programs and clinical staff prove the ideal venue for addressing the youth prevention related issues due to the opportunity to address health promotion activities within the school environment, while outside of the mandated educational and academic

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requirements. School systems, facing increasing demands for improving academic performance standards, are choosing to reduce extra-curricular activities, included "specials", assemblies, support services. Having SBHC staff on-site during the full school day also provides accessible support services for students experiencing health or psychosocial problems, which may be exhibited as fighting or suicidal ideation. Highly trained clinical staff can provide immediate intervention and on-going treatment for students, and families, thus potentially preventing potentially life threatening outcomes.

Approximately five hours per week will be devoted to both school-wide and patient directed violence prevention activities. To achieve the desired program objectives, SBHC staff will collaborate with school staff including classroom teachers, administrators and guidance personnel, students, and community-based providers. During the past several program years, a significant portion of the SBHC staff time dedicated to YVP related activities occurred during the second half of the contract period due to coordination of the school-wide "Adolescents Learning the Impact of Violence" (ALIVE) Week. Receiving support and rave reviews of students and school faculty, the ALIVE Week events have progressively expanded and improved. As a result of the effectiveness of this outreach effort, the 2008/2009 Service and Evaluation Plan contains objectives specific to these activities.

During FY 2008-09, PHHS program activities will include, but not be limited to the following:

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- Outreach to students via on-going in-house media campaigns (i.e. bulletin board displays, morning announcements, teacher bulletin, school television monitors, flyers, and library-based displays;
- Outreach to students via classroom presentations. Topic areas will address suicide prevention, anger management, self esteem building and conflict resolution;
- Promotion of availability of SBHC services for individual, group and family counseling targeted to the individual student;
- Distribution of violence prevention focused materials via *"Dine and Discover with the School-Based Health Center"* program held in the student cafeteria;
- Student focused, small group student sessions at BMS focusing on self-esteem building, conflict resolution, growing up female, children of alcoholic and bullying;
- School-wide violence prevention weeks (*"Alternatives to Violence"* and *"Adolescents Learning the Impact of Violence Through Education"* (ALIVE) at both schools. Student directed and student centered activities will include classroom presentations lead by representatives of community-based agencies, school and community-wide media coverage, contests (i.e. Random Acts of Kindness), and student assemblies.

Danbury School District 2006-07 Strategic School Profiles for BMS, DHS, and ACE illustrates the significant cultural diversity of students enrolled in the public school system. As of October 7, 2008, enrollment at DHS as recorded at 2,757 students, with enrollment BMS at 1,175, and ACE at 74. During the period 1999 to 2005, total minority enrollment increased approximately 5%.

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During FY 2006-07, the Danbury Public School System estimated the number of children eligible for free and reduced lunch at 29%. Current figures place the percentage of Danbury school children registered to receive free lunch between 32% to 41%, illustrating the presence of financial hardship in the Danbury community.

Danbury adolescents are not unlike those represented in the 2005 United States Youth Risk Behavior Surveillance. In the United States, 71% of all deaths among youth and young adults aged 10-24 years result from four causes: motor vehicle crashes (31%), other intentional injuries (14%), homicide (15%) and suicide (11%). Substantial morbidity and social problems also result from the approximately 831,000 pregnancies among women aged 15-19 years, the estimated 9.1 million cases of sexually transmitted diseases (STDs) among persons aged 15-24 years, and the estimated 4,842 cases of HIV/AIDS among persons aged 15-24 years that occur annually. Among adults aged 25 years and older, 61% of all deaths in the United States result from cardiovascular diseases (38%) and cancer (23%). These leading causes of morbidity and mortality among youth and adults in the United States are related to six categories of priority health-risk behaviors: behaviors that contribute to unintentional injuries and violence; tobacco use; alcohol and other drug use; sexual behaviors that contribute to unintended pregnancy and STDs, including HIV infection; unhealthy dietary behaviors; and physical inactivity. These behaviors frequently are interrelated and often are established during childhood and adolescence and extended into adulthood.

2007-08 SBHC patient visit data mirrored national youth risk behavior surveillance data, with student visits to the SBHCs at both BMS and DHS for mental health related issues, including depression, adjustment disorders/ reaction, and adjustment disorders with

mixed disturbances of emotional concerns, representing the largest segment of patient total visits.

During the 2008-09 program year, SBHC staff will continue outreach and health promotion activities noted above in an attempt to reduce the percentage of undiagnosed and untreated mental health related problems, which often result in risk behavior.

Service And Evaluation Plan - Option 2
City of Danbury #2009-0013

Goal: Reduce physical fighting among adolescents.

Client Outcome Objective: Decrease in youth violence.

Outcome Measure: At least 80% of youth participants can identify non-violent alternatives to fighting.

Activities	Indicators for Evaluation	Staff Responsible	Target Date(s)
1. The City of Danbury Health Department (DHD) School Based-Health Center Coordinator shall coordinate the youth violence prevention programs in the School-Based Health Centers (SBHC) at Broadview Middle School (BMS) and Danbury High School (DHS) and assure that they meet all contractual and reporting requirements.	a. Quarterly and final reports documenting all YVP related activities conducted by SBHC staff would be submitted to DPH as required.	All Staff	September 1, 2008 through May 31, 2009
2. The SBHC Social Worker (SW) at BMS shall provide information about SBHC programs and resources during orientation and to school staff about SW availability to conduct classroom presentations.	a. Information sessions held. b. Dates of meetings, topics addressed, and # Of participants documented in YVP demographics forms and submitted to DPH as required.	C. Bulmash, LCSW	September 15, 2008 through September 30, 2009
3. The SBHC SW shall coordinate with school staff to provide suicide prevention, depression, conflict resolution, anger management and/or other violence prevention related classroom presentations to BMS students.	a. Presentations held. b. Dates of presentations, topics addressed, and # of participants documented in YVP demographic forms and submitted to DPH as required. c. Questionnaires will document # and % of students who are able to identify nonviolent alternatives to fighting and # who are able to identify suicide risk factors, protective factors and referral sources.	C. Bulmash, LCSW	September 1, 2008 through May 31, 2009
4. The BMS SBHC SW shall plan, implement and evaluate activities associated with " Alternatives to Violence Week ".	a. " Alternatives to Violence Week " held. b. Contract Activity Report will document planning, implementation and evaluation activities. c. Tabulation and analysis of student questionnaire will document # and % of students who can identify positive ways to deal with conflict as a result of	BMS SBHC Staff	May 1, 2009

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	participating in violence prevention week activities.		
5. The BMS SBHC SW shall attend approximately two (2) in-state training sessions addressing violence prevention and/or suicide prevention issues.	a. Training sessions attended.	C. Bulmash, LCSW	September 1, 2008 through June 30, 2009
6. The BMS SBHC SW shall purchase violence prevention related educational pamphlets, videos, etc. for BMS use.	a. Materials purchased.	C. Bulmash, LCSW	September 1, 2008 through June 30, 2009
7. The DHD School-Based Health Center will contract with the Interactive Educational Theatre (IET) to perform one 45 to 60 minute performance for BMS students during "Alternatives to Violence Week" .	a. Performance(s) held. b. Feedback from students will verify % and/or # who can identify positive ways to deal with conflict as a result viewing session.	Danbury Health Department	May 30, 2009
8. The BMS SBHC shall distribute violence prevention information to students via "Dine & Discover" Program held in student cafeteria.	a. Students will verbalize increased awareness of what behaviors are considered violent acts. b. Students will be able to identify positive coping skills.	BMS SBHC Staff	May 30, 2009
9. The SBHC SW shall update the BMS bulletin board at least four times a year with violence prevention and suicide prevention related information.	a. Bulletin board displays assembled. Photos of boards included in quarterly reports.	BMS SBHC Staff	October 1, 2008 and June 30, 2009
10. The SBHC SW at DHS shall provide information about SBHC programs and resources during orientation and to school staff about SW availability to conduct classroom presentations.	a. Information sessions held. b. Dates of meetings, topics addressed, and # of participants documented in YVP demographic forms and submitted to DPH as required.	All Staff	September 15, 2008 through September 30, 2009
11. The SBHC SW at DHS shall coordinate with school staff to provide suicide prevention, depression, conflict resolution, anger management and/or other violence prevention related classroom presentations to the DHS students.	a. Presentations held. b. Dates of presentations, topics addressed, and # of participants documented in YVP demographic forms and submitted to DPH as required. c. Questionnaires will document # and % of students who are able to identify non-violent alternatives to fighting and who are able to identify suicide risk factors, protective factors and referral sources.	N. Fawcett, LCSW	September 1, 2008 through May 31, 2009
12. DHS SBHC SW shall meet with students referred by school staff or parents/self-referred and individual, family	a. Group sessions held. a. Chart notes will document # and % of	N. Fawcett, LCSW	September 1, 2008 through

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<p>and/or group therapy sessions focusing on suicide or violence prevention issues such as pro-social anger management, stress/anxiety reduction and healthy communication.</p>	<p>students who are able to identify nonviolent alternatives to fighting and # and % of students who are able to identify suicide risk factors, protective factors and referral sources.</p>		<p>June 30, 2009</p>
<p>13. The DHS SBHC SW shall plan, implement and evaluate activities associated with "Adolescents Learning the Impact of Violence Through Education" (ALIVE) Week.</p>	<p>a. "Alternatives to Violence Week" held. b. Contract Activity Report will document Planning, implementation and evaluation activities. c. Tabulation and analysis of student questionnaire will document # and % of students who can identify positive ways to deal with conflict as a result of participating in violence prevention week activities.</p>	<p>All DHS SBHC Staff</p>	<p>May 30, 2009</p>
<p>14. The DHS SBHC SW shall attend approximately two (2) in state training sessions addressing violence prevention and/or suicide prevention issues.</p>	<p>a. Training sessions attended. b. Documentation of attendance noted in Contract Activity Report.</p>	<p>N. Fawcett, LCSW</p>	<p>September 1, 2008 through June 30, 2009</p>
<p>15. The DHS SBHC SW shall purchase violence prevention related educational pamphlets, videos and other materials for DHS use.</p>	<p>a. Materials purchased. b. Samples of pamphlets, other materials and list of videos purchased will be included in quarterly reports.</p>	<p>N. Fawcett, LCSW</p>	<p>September 1, 2008 through June 30, 2009</p>
<p>16. The DHS SBHC shall distribute violence prevention information to students via "Dine & Discover" Program held in student cafeteria.</p>	<p>a. Students will verbalize increased awareness of what behaviors are considered violent acts. b. Students will be able to identify positive coping skills.</p>	<p>DHS SBHC Staff</p>	<p>May 30, 2009</p>
<p>17. The SBHC SW shall update the DHS bulletin board at least four times a year with violence prevention and suicide prevention related information.</p>	<p>a. Bulletin board displays assembled. Photos of boards included in quarterly reports.</p>	<p>DHS SBHC Staff</p>	<p>October 1, 2008 through June 30, 2009</p>

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Quality Assurance Plan Instructions



The School Based Health Center staff at Danbury High School and Broadview Middle School share a common mission of promoting optimal well-being among the student body through the delivery of professional, comprehensive, confidential medical, psychosocial, and educational services, tailored to the needs of the chosen target population.

In order to assure that program staff maintain the provision of superior services and carry out activities that comply with this shared mission, a set of quality assurance measures are in place. These measures are designed in conjunction with development of program goals, objectives and activities for the stated year.

General aspects of the quality assurance plan include, but are not limited to, the following activities:

- annual review of funding proposal with specific emphasis on proposed Service and Evaluation Plan;
- on-going review and development of evaluation tools to determine success of educational and intervention services offered to target population;
- solicitation of verbal and/or written reports on success of classroom presentations from relevant school staff and administrators;
- annual review of Operational Policies and Procedures Manual including review of medical and mental health protocol; updates to protocol, and purchase of current medical reference materials will be executed as needed;

- weekly consultation provided by the Medical Director and Social Work to assure services are student centered;
- year-end chart reviews of a select number of medical and mental health charts will be conducted by SBHC staff to assure compliance with proposed goals and achievement of established outcome measures (number of charts selected for review will comply with State reporting requirements);
- monthly meetings, including all SBHC staff, to conduct quality assurance updates, discuss on-going referral and service delivery processes, review of Service Delivery and Evaluation Plan, delegate tasks to achieve proposed school-wide health promotion and prevention activities, and to explore recommendations to correct or change any problem areas or activities not achieved;
- on-going development, utilization, and modification of forms used by SBHC staff during day-to-day provision of center services (i.e. permission forms, assessment forms, patient history record, data collection, population demographic and reporting documents etc.)
- annual site visit conducted by CT State Department of Public Health program staff.

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City of Danbury #2009-0013
Contract Period: 07/01/08 to 06/30/09

Program: Youth Violence Prevention – Broadview Middle School and Danbury High School

Category	Amount
Personnel:	
1) Name & Position: C. Bulmash, Clinical Social Worker	
Calculation: \$27.94 hr x 5 hrs/wk x 44 wks	\$6,147
Fringe Benefit: 9.02%	\$554
2) Name & Position: N. Fawcett, Clinical Social Worker	
Calculation: \$27.94 hr x 5 hrs/wk x 44 wks	\$6,147
Fringe Benefit: 9.02%	\$554
3) Name & Position: ,	
Calculation:	
Fringe Benefit: %	
4) Name & Position: ,	
Calculation:	
Fringe Benefit: %	
5) Name & Position: , :	
Calculation:	
Fringe Benefit: %	
6) Travel per mile X miles	
7) Training	
8) Educational Materials	\$87
9) Office Supplies	
10) Medical Materials	
11) Contractual (Subcontracts)***	
12) Telephone	
13) Advertising	
14) Other Expenses (List Below)	
a) Public Liability 4.657/\$1,000 total expenditures	\$65
b)	
c)	
d)	
e)	
f)	
15) Indirect Costs (Audit Fee @ 2%)	\$277
Total DPH Grant	\$13,831.00
Other Program Income:	

*** Complete Subcontractor Schedule A

RESOLUTION

CITY OF DANBURY, STATE OF CONNECTICUT



_____ A. D., 200_

RESOLVED by the Common Council of the City of Danbury:

WHEREAS, the State of Connecticut Department of Public Health has notified the City of Danbury Health and Housing Department that it is eligible to apply for a Preventive Health and Health Services Block Grant in an amount not to exceed \$13,831.00; and

WHEREAS, the grant will cover the period of July 1, 2008 through June 30, 2009 with no local in kind match; and

WHEREAS, the funding will be used for a Youth Violence Prevention program in conjunction with the School Based Health Centers located at Danbury High School and Broadview Middle School.

NOW, THEREFORE, BE IT RESOLVED THAT Mark D. Boughton, Mayor of the City of Danbury, is hereby authorized to apply for said funds from the Connecticut Department of Public Health and to accept the grant, if awarded;

AND FURTHER, Mark D. Boughton is hereby authorized to execute all contracts/agreements in connection therewith and to do all things necessary to effectuate the purposes of said grant.