



City of Danbury – Police Department

Community Service Division

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Senior Citizen Safety

Unfortunately, criminals sometimes target senior citizens. Reduce the chances of becoming a victim of Burglary, Frauds, Scams, Mental and physical abuse by following these simple safety steps.

- ❖ Be aware of your surroundings at all times
- ❖ Carry identification and a list of your prescribed medications
- ❖ Use the buddy system if possible
- ❖ Let your neighbor or family member know where you're going and when you expect to be back
- ❖ Park in well lit and populated areas when shopping
- ❖ Try not to have the same routine everyday (People are watching even if you think they're not)
- ❖ Have your keys in your hand
- ❖ Check on your neighbor especially in severe weather
- ❖ Don't get scammed **NEVER** wire money to strangers, if its to good to be true, it probably is
- ❖ Never open the door to strangers, always ask who it is first
- ❖ If you live in a secure building, keep it secure. Never allow anyone to follow behind you when entering the building
- ❖ Always keep a charged cell phone with you, 911 will always work even if a cell phone service has been turned off
- ❖ If someone or something makes you feel uneasy trust your instincts and let someone you trust know what's going on