

CONNECTICUT AIDS/HIV SERVICES

(Partial Listing)

Bridgeport Area (Area Code 203)

AIDS Project Greater Danbury^{1,2} 778-AIDS
 Bridgeport Community Health Center^{1,2} 333-6864
 Bridgeport Health Department^{1,2} 576-7679
 Bridgeport Hospital¹ 384-3355
 Fairfield Health Department 256-3150
 Family Services Woodfield² 368-4291
 Greater Bridgeport Adol. Preg. Program 384-3629
 Greenwich Health Department¹ 622-6460
 Helping Hand Center 336-9293
 Interfaith AIDS Ministry 748-4077
 Mid-Fairfield AIDS Project² 855-9535
 Norwalk Health Department¹ 854-7979
 Planned Parenthood¹ 366-0664
 Positive Alternatives¹ 855-1485
 Shelter for the Homeless 348-2792
 Southwest Community Hlth. Ctr.^{1,2} 576-8368
 Stamford CARES^{1,2} 977-5096
 Stamford Health Department¹ 977-4387

Hartford Area (Area Code 860)

AIDS Proj. Greater New Britain 225-6789
 AIDS Project Hartford² 951-4833
 AIDS Voice/TTY Line M-F 9am-5pm 951-4791
 Asylum Hill Outpatient Clinic 714-4212
 Bristol-Burlington Health Department 584-7682
 Burgdorf Health Center² 714-4000
 Central AHEC 233-7561
 Charter Oak Terr/Rice Heights Hlth. Ctr.^{1,2} 550-7500
 Community Health Services^{1,2} 249-9625
 Comm. Partners in Action² 527-1866
 CT Children's Medical Center² 545-9583
 CT Positive Action Coalition 247-1990
 Greater Hartford HIV Action Init. 280-2494
 Hartford Dispensary 527-5100
 Hartford Gay & Lesbian Health Collective^{1,2} 278-4163
 Hartford Health Department^{1,2} 543-8822
 Hartford Hospital AIDS Program^{1,2} 545-5398
 Case Management 545-4012
 Hispanic Health Council¹ 527-0856
 Human Resources Agency 225-8601
 Latinos/as Contra SIDA^{1,2} 296-6400
 Manchester Network AIDS² 646-6260
 MECA Center² 646-6260
 New Britain Health Department² 224-2420
 Planned Parenthood¹ 953-6201
 Someplace Special¹ 826-4741
 Spanish Speaking Center-New Britain² 224-2651
 The Living Center¹ 247-1088
 Town East Hartford¹ 291-7295
 Urban League (Gtr. Hlthd.)² 527-0147

Middletown Area (Area Code 860)

AIDS Project Middlesex County 344-3482
 Community Health Center-Middletown^{1,2} 347-6971
 Middletown Health Department 344-3474
 Oasis Center^{2,3} 344-0551

New Haven Area (Area Code 203)

Meriden Health Department^{1,2} 630-4176
 AIDS Interfaith Network² 624-4350
 Teen Line 777-HELP
 AIDS Project New Haven² 624-0947
 Chase Clinic 573-7281
 Family Intervention Center 753-2153
 Hill Health Center^{1,2}
 Columbus Ave 776-9594
 Dixwell Ave 787-9055
 Hispanos Unidos² 781-0226
 Nathan Smith Clinic 785-5303
 Naugatuck Valley Hlth. District² 524-4350
 New Haven Health Department^{1,2} 946-8707
 Planned Parenthood¹ 387-3131
 Quinnipiac Valley Health District 348-4528
 St. Mary's Hospital 596-3800
 Waterbury Health Department^{1,2} 574-6883
 Yale New Haven Hospital¹ 688-3184

New London Area (Area Code 860)

Alliance for Living² 447-0884
 Lawrence Memorial Hospital¹ 442-0711 ext. 2056
 New London Health Department¹ 447-2437
 Opportunities Industrial. Center² 447-1731
 Planned Parenthood¹ 443-5820
 William Backus Hospital¹ 892-2752

Torrington Area (Area Code 860)

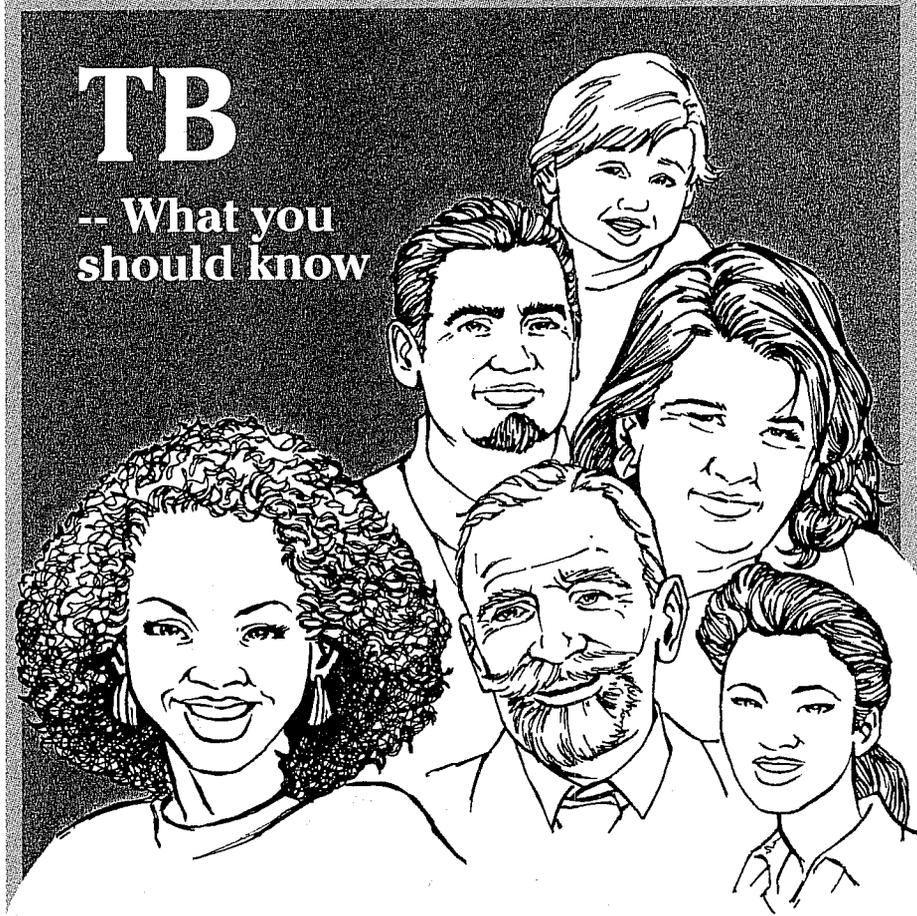
Northwest CT AIDS Project¹ 482-1596
 Planned Parenthood¹ 489-5500

Willimantic Area (Area Code 860)

Planned Parenthood¹ 423-8426
 VNHSC of Tolland² 872-9163
 Windham Regional Comm. Council^{1,2} 423-4447
 Drop In Center 423-1295
 Perceptions Program 450-7122

Statewide Resources

AIDS Legal Network 860-541-5000
 AIDS Ministries Program 860-543-8400
 Catholic Charities 860-548-0059
 CT AIDS Drug Assistance 800-233-2503
 CT AIDS Drug Insurance 800-842-1508
 Pediatric AIDS Program² 203-389-9203
 True Colors 860-649-7386



TB
 -- What you should know

For more information about AIDS resources, call:

- Connecticut Infoline, Dial 211
- Your local health department or physician
- Your local American Red Cross Chapter

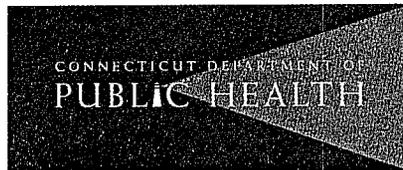


Keeping Connecticut Healthy
 Joxel Garcia, M.D., M.B.A.
 Commissioner

¹Counseling and testing services offered

²Case management services offered

³Drop-in center



Keeping Connecticut Healthy

www.dph.state.ct.us

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 SCRIPTOGRAPHY®

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TB stands for tuberculosis.

It is an illness that harms the lungs. It can also harm other parts of the body.

TB is caused by a germ.

The germ is spread through the air.



Some people with TB germs do not look or feel sick.

Their TB germs are not active. The germs may stay that way for a short time -- or for years.

If the TB germs become active, the person may:

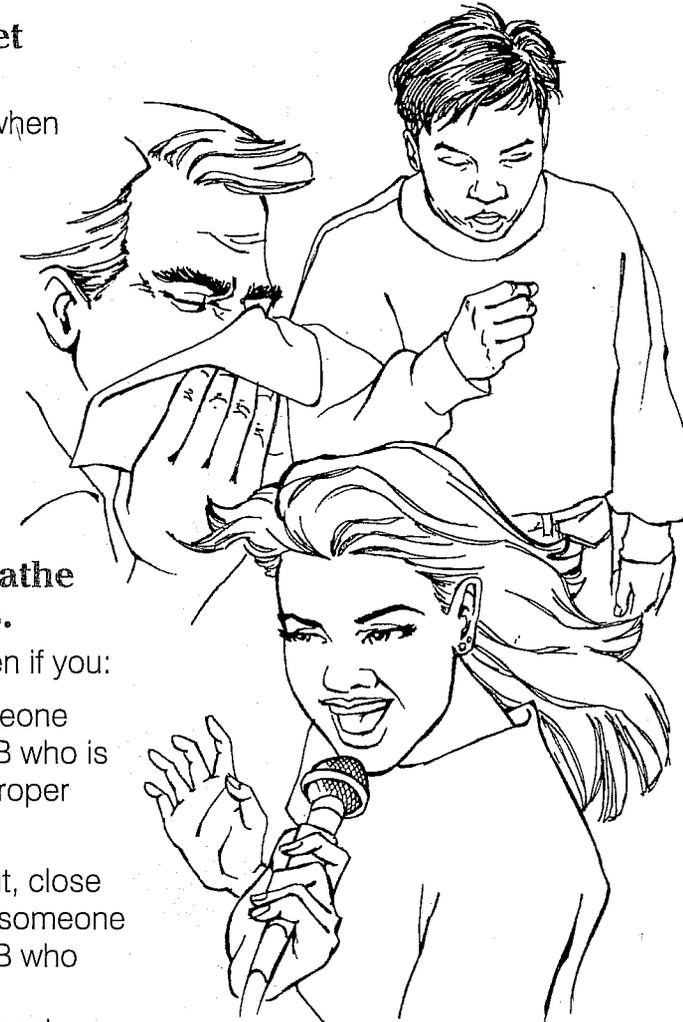
- cough a lot
- feel weak
- have a fever
- lose weight
- cough up blood
- sweat a lot at night.

A person with active TB can pass TB germs to others.

TB germs get into the air.

This happens when someone with active TB:

- coughs
- sneezes
- laughs
- sings
- talks.



You can breathe in TB germs.

This can happen if you:

- live with someone with active TB who is not getting proper treatment
- have frequent, close contact with someone with active TB who is not getting proper treatment.

A TB skin test can tell if you have TB germs.

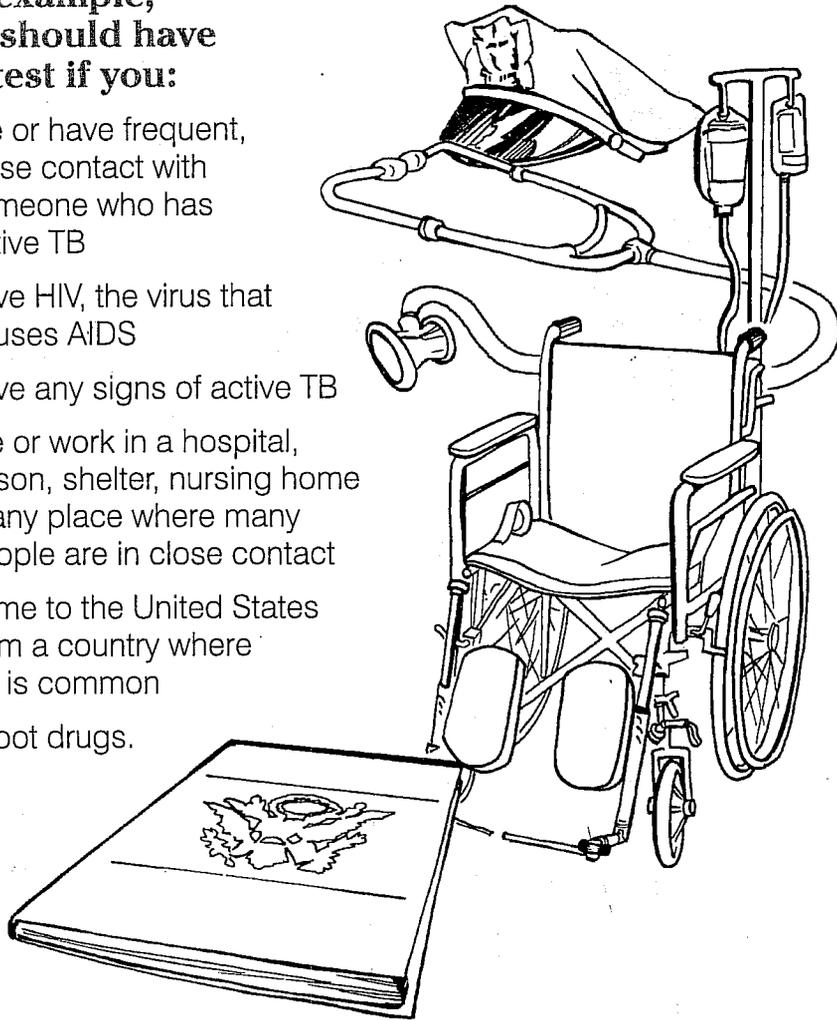
This booklet gives some important facts about TB. But it does not take the place of a talk with your health-care provider.



Certain people should have the TB skin test.

For example, you should have the test if you:

- live or have frequent, close contact with someone who has active TB
- have HIV, the virus that causes AIDS
- have any signs of active TB
- live or work in a hospital, prison, shelter, nursing home -- any place where many people are in close contact
- came to the United States from a country where TB is common
- shoot drugs.



Getting tested could help save your life!

TB skin testing is simple.

You will get an injection.

- The injection goes just under your skin.
- You will need to have your skin test checked in 2 or 3 days. Be sure to return when you are asked to.



Understand the test results.

- A negative result means you probably do not have TB germs. You may need another test to make sure.
- A positive result means you probably have TB germs. You may need treatment.

Tell your health-care provider if you have HIV.

- You may need different tests to check for TB.
- It may be dangerous to take some HIV medicines with some TB medicines.

Most cases of TB can be cured!

If you have a positive TB skin test, you may need:

- a chest X-ray
- other tests.



These tests will tell your health-care provider:

- if your TB germs are active or not active
- if you need medicine, and what kind.

Medicine can keep TB from becoming active. It can also cure TB if it is already active.

Your health-care provider may also want you to get tested for HIV.

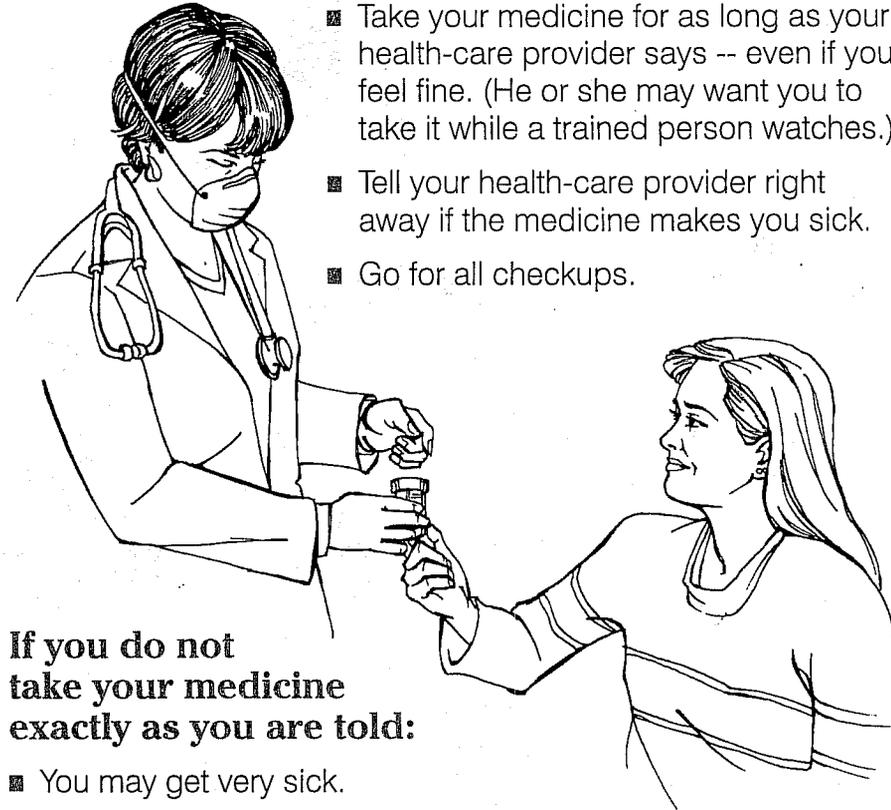
People with HIV:

- are more likely to get active TB
- may take longer to be cured of TB.

TB medicine is the only way to cure TB.

Be sure to:

- Take your medicine for as long as your health-care provider says -- even if you feel fine. (He or she may want you to take it while a trained person watches.)
- Tell your health-care provider right away if the medicine makes you sick.
- Go for all checkups.



If you do not take your medicine exactly as you are told:

- You may get very sick.
- Your TB germs may become resistant to the TB medicine. This means the medicine may not work.
- Your treatment may take longer.
- You may never get well.
- You could spread TB to others.

Follow your treatment plan -- and beat TB!

Tell your health-care provider if you are not taking your TB medicine. He or she can help.